

# Girls - Regional Champions from South Jersey

(From Regions South and North: Through 2025)

Rank	Team	Individual Champions	Number of Titles
1	Pennsauken	6	9
2	Kingsway	6	6
3	Jackson Memorial	4	4
4	Central Regional	3	4
5	Princeton	2	6
6	Delran	2	5
7	Gloucester	2	3
8	Manalapan	2	3
9	Raritan	2	3
10	Rancosac Valley	2	3
11	Mainland	2	2
12	Manasquan	2	2
13	Palmyra	2	2
14	Southern Regional	2	2
15	Williamstown	2	2

Rank	Team	Individual Champions	Number of Titles
18	Cherry Hill West	1	2
19	Delsea	1	2
20	Lower Cape May	1	2
21	Old Bridge	1	2
22	Seneca	1	2
23	Allentown	1	1
24	Lakewood	1	1
25	Cedar Creek	1	1
26	Egg Harbor Twp	1	1
27	Gateway/Woodbury	1	1
28	Lenape	1	1
29	Millville	1	1
30	Ocean City	1	1
31	Paulsboro	1	1
32	Pemberton	1	1

16	Buena	1	2
17	Cherry Hill East	1	2

33	Pinelands	1	1
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